

Parent Newsletter



May 2009

Visit us on the web:

**http://
psdweb.parklandsd.org/
phsweb/**

From the Principal's Desk...

Dear Parents/Guardians:

We are rapidly approaching the end of what has proven to be another busy and successful school term. Parkland High school has experienced a succession of outstanding years, allowing us as professionals to concentrate on our students and their educational programs. As a school community we have modeled collaborative practices during this school term and managed to maintain our focus on the well-being and achievement of our students.

We are constantly striving for methods to improve as a school, as an administration, as a faculty and as a student-body. I am continually impressed with the community-wide respect we are afforded as educators. The administration, faculty and staff at Parkland High School recognize that parents are our partners and that our goals are shared ones. As we continue to work together, we know we will accomplish a great deal more, which translates into added success for our students.

We have demonstrated again this year that Parkland students are learning well, and they rank high in all measures of academic achievement. Under the direction of our faculty and staff, and with the support and cooperation of the parents, many of our students have represented Parkland in an outstanding manner throughout the state.

Our goal is to finish our school year on a high note and continue to remain focused on the obligations of students, parents and teachers for the remainder of the 2008-2009 school year. Your continued support of the practices and policies of Parkland High School will aid in our mission.

Sincerely,

Richard T. Sniscak

May Parent Forum Meeting

The Parent Forum will be meeting on Wednesday, May 13, 2009, in Room C200, at 7:00 p.m. A question/answer session and selection of meeting dates for the 2009 - 2010 school term are part of the agenda.



Mr. Richard Sniscak, PHS Principal, will be present to respond to any questions submitted by e-mail to phsparents@parklandsd.org.

We look forward to seeing you.

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Baccalaureate Service for 2009 Grads



A Baccalaureate Service will be held on Sunday, June 7, 2009 at 5:00 PM at Asbury United Methodist Church,

1533 Springhouse Road, Allentown, Pa. 18104. Please arrive by 4:30 PM if you wish to participate. Please wear your graduation gown (**NO CAPS**).

This is a NON-DENOMINATIONAL CHURCH SERVICE.

Post Prom Tickets are Only \$7!

Look at what you get: DJ with dancing, Obstacle courses, Temporary tattoos, Caricature Artists, Tarot Card Readers, Photo Buttons, Massage Therapists, Coffee House, FREE food all night long. Karaoke, Carnival Games, Vertical Reality, Gladiator Wars, Bungee Run, Wacky Racers, xBox 360, Roaming Magicians, and Hypnotist Steve Taubman.



Plus, prizes awarded every 30 minutes!

Stay 'til the end and be eligible for two Grand Prizes: **\$1,000 CASH OR A CAR**

(Used car donated by Kelly Nissan)

Student Support Team News

ARE THEY...OR AREN'T THEY?

Raising adolescents in today's world has become a challenge for families across the country. Trying to interpret the mood changes and behaviors of our teens has many parents at their wits end. Many times the signs are misinterpreted and the problem grows. Sometimes the problem is drug and alcohol use and with the statistic of over 60% of young people using a mood altering substance before graduation, it's no wonder. The **LEAD (Law Enforcement Against Drugs) Program** empowers parents by providing an in home testing kit for parents to use in the privacy of their own home. The 8 panel drug screen detects:

- Opiates/Morphine
- Cocaine
- Amphetamines
- Methamphetamines
- Barbiturates
- Oxycodone/Oxycontin
- Marijuana
- Benzodiazepine

the most commonly abused street and prescription drugs of our teens today.

If you suspect a problem and aren't sure where to turn, the LEAD program/in conjunction with your school Student Support Team can help. An easy to use drug screen kit can be purchased through your Student Support Team at Parkland High School for a nominal fee of \$14.00, much cheaper than the prices of pharmacy test kits. Once the results are in, you then (within the privacy of your own home) can determine your next best step—a drug and alcohol assessment, private counseling or confirmation for now that there were no traces of drugs in their system. Assess their behaviors and decide if this test kit can help to ease or confirm your suspicions. Are you worried about...

- Slipping grades
- Depression
- Anxiety
- Reclusiveness
- Irritability
- Erratic behavior

If so, contact your school SST coordinator, Mrs. Constance Harakal, with questions, concerns or for kit information.

PHS LIBRARY LINES

Spring into a good book at the Library!

Check out our collection which includes:

Fiction
Non-fiction
Biographies
Short Stories
Graphic Novels
Reference
S.A.T./ College
Prep. materials
DVDs & Videos
Audiobooks



Hours: 7 a.m.- 7:30 p.m. (Mon.-Thurs.)

7 a.m.- 4:30 p.m. (Friday)

10 a.m.- 1:00 p.m. (Saturday)

Website: <http://psdweb.parklandsd.org/phslibrary/>

PHS Upcoming Events

Thursday, April 23	Budget Seminar Senior SADD Assembly 1:45 pm (Auditorium)	Thursday, May 28	Department Chair Meeting - 7:15 AM – Library Classroom OMS 8 th Grade Visit 9 – 10:30 AM NHS Autism Benefit Concert 7:00 PM (Orefield Auditorium)
Friday, April 24	Report Cards Go Home "B" Schedule – Graduation Projects Senior vs. Faculty basketball Game 7:00 PM (Gym)	Friday, May 29	Last Day to notify Senior students of exemptions Cheerleading Clothing Drive 8:00 AM – 2:00 PM (Cafeteria)
Monday, April 27	PSSA Science Testing (Periods 1, 2, 3)	Saturday, May 30	Last Day of Scheduled Classes for Senior students Senior Exam – World Language (Periods 8/9)
Tuesday, April 28	PSSA Science Testing (Periods 1,2)	Tuesday, June 2	Senior Exams – English/History
Thursday, April 30	Department Chair Meeting – 7:15 AM - Library Classroom Video Game Night 6:30 – 9:00 PM (B-Wing)	Wednesday, June 3	Senior Exams – Math/Science
Saturday, May 2	SAT Exam	Thursday, June 4	Senior Exam – Make-ups
Monday, May 4-15	Advanced Placement Testing	Friday, June 5	Last Day to notify underclassmen of exemptions SAT Exams
Wednesday, May 6	Staff Recognition Breakfast – PHS Café – 7:00 AM	Saturday, June 6	Baccalaureate – 5:00 PM – Asbury United Methodist Church
Thursday, May 7	Senior Citizen Dinner 5:30 PM (Cafeteria) Spring Orchestra Concert 7:30 PM (Auditorium)	Sunday, June 7	Senior Picture 8:00 AM (Gym) Senior Slide Show 9:00 AM (Auditorium)
Friday, May 8	Interims Go Home	Monday, June 8	Commencement Practice 8:30 AM (Stabler) Commencement 7:00 PM (Stabler) Underclass Exams – English/History Underclass Exams – World Language/Mathematics
Saturday, May 9	Class of 2009 Prom 6:00 PM Palace Center, Allentown, Pa. Post Prom Party (PHS) 11:45 PM	Tuesday, June 9	Underclass Exam - Science Last Day for Students Last Day for Teachers 4 th Rating Period Ends
Sunday, May 10	Happy Mother's Day Post Prom Party (PHS 12:00 AM to 5:00 AM)	Wednesday, June 10	Summer School Begins
Tuesday, May 12	Springhouse 8 th Grade Visit 9 – 10:30 AM	Thursday, June 11	Report Cards Mailed Home
Wednesday, May 13	Springhouse 8 th Grade Visit 9 – 10:30 AM Parent Forum Meeting 7:00 pm (C200)	Friday, June 12	Summer School Ends
Thursday, May 14	Art Show Breakfast for Staff 7:00 AM (Art Wing) Department Chair Meeting - 7:15 AM – Library Classroom OMS 8 th Grade Visit 9 – 10:30 AM Early Dismissal 12:45 PM Festival of the Arts Art Show 6:00 – 9:00 PM (Art Rooms) Spring Chorus Concert 7:30 PM (Auditorium)	Monday, June 22	First Day Fall Practice
Friday, May 15	Festival of the Arts Battle of the Bands 6:30 PM Family Magic Show 7:30 PM	Tuesday, June 23	Opening In-Service Day 2009-2010
Saturday, May 16	Festival of the Arts 10:00 AM - 4:00 PM	Wednesday, August 5	In-Service Day
Monday, May 18	Springhouse 8 th Grade Visit 9 – 10:30 AM Academic Awards Night 7:00 PM (Auditorium)	Monday, August 17	In-Service Day
Wednesday, May 20	OMS 8 th Grade Visit 9 – 10:30 AM Jazz Festival 7:00 PM (Auditorium)	Tuesday, September 1	Happy Labor Day!
Thursday, May 21	FCS Nursery School Closing Program (Auditorium) LCTI Senior Awards Night 7:00 PM (Auditorium)	Wednesday, September 2	Welcome Back Students 1 st Day 2009-10
Monday, May 25	Memorial Day – School Closed	Thursday, September 3	
Tuesday, May 26	PSD Retirement Dinner 5:00 PM (TBA)	Monday, September 7	
Wednesday, May 27	Athletic Hall of Fame Induction 5:30 PM (Cafeteria) Athletic Awards Night 7:00 PM (Auditorium)	Tuesday, September 8	

Scholarships Available

BigSun Scholarship

The BigSun organization is proud to be able to continue to help young athletes succeed in their academic pursuits. They are offering a \$500 scholarship to a deserving senior student athlete. For additional information and an application, visit www.bigsunathletics.com. Application deadline is June 27, 2009.

Dolphin Scholarship Foundation

This foundation awards scholarships to children and stepchildren of members of the U.S. Navy who are serving or have served in the submarine force. Visit www.dolphinscholarship.org for additional information.

The Gerald M. Monahan Memorial Scholarship

Sponsored by the Police Athletic League, this scholarship is for students interested in pursuing a college education. While there is no limit to the scope of majors, students interested in Criminal Justice are especially welcomed.

Applicants will be evaluated on a 500 word essay, overall academic achievement, school/community involvement, good citizenship and financial need. Applications are available in The College and Career Resource Room. Application deadline is June 1, 2009.

Carole Weil Memorial Scholarship

This scholarship is for senior players on the varsity girl's softball team. The qualifications shall be based on financial need, citizenship, scholarship and the desire to further your education. Three female graduates of a Lehigh Valley Conference, Colonial League or Mountain Valley Conference are eligible for \$1500 scholarships. Applications have been distributed to all senior softball players. Extra applications are available in the College and Career Resource Room. Application deadline is May 15, 2009.

The Rainbow Scholarship

Sponsored by Pride of The Greater

Lehigh Valley, a volunteer non-profit community service organization dedicated to building safe, inclusive communities in Eastern Pennsylvania. Applications and additional information are available at www.prideglv.org. Application deadline is June 1st, 2009.

Portuguese American Club Scholarship

Applicants for this scholarship must be of Portuguese ancestry and must be members of The Portuguese American Club for a minimum of three years. Applications are available in The College and Career resource Room. Application deadline is May 6, 2009.



Athletic News

Winter Wrap

Congratulations to Sequeena Thomas and Jaleel Clark for making Third Team All-State in Basketball.

Spring Sports Stats

The Parkland Boys' Baseball team has rebounded from a 0-2 start to 5-2, including a 3-0 LVC record. " Girls' Softball currently is undefeated in league play and 8-1 overall. The team had a successful 4-1 record while on their trip to Disney World.

Boys' and Girls' Track remains undefeated at press time with their highly anticipated meet against Liberty to come on April 30th.

Girls' Soccer is off to a strong 7-3 start including a 5-2 league record. The Boys' Tennis team is off to an undefeated 10-0 match record. The team finished second in the Phoenixville Invitational with

Andrew Schwepfinger taking home the individual championship. Boys Volleyball is currently 8-0 in league play and ranked 3rd in the latest Pennsylvania Volleyball Coaches Association rankings. The team

captured the Hempfield Black Knight Invitational title and finished second in the Northeastern Bobcat Invitational tournament.

Boys' Lacrosse is enjoying a competitive season at 5-2 overall and 4-1 in the league.

Powerlifting

The JV Powerlifting team recently won the Lehigh Valley Conference meet held at Orefield Middle School.

High Scoring Congratulations

Emily Schneider and Tara Huber recently moved into the top 10 in scoring all-time for PHS Girls' Soccer. Emily has tallied 27 goals and 19 assists in her career for 73 points.

Tara Huber has tallied 28 goals and 18 assists in her career for 74 points.

Upcoming Events

Friday, May 8th— next college-signing event for student-athletes.

Wednesday, May 27th— Hall of Fame and Athletic Awards night.

Thursday, July 16th—School-hosted athletic physicals. 8:00 am -1:00 pm.

You can print out physical forms in advance on the Parkland Athletics web page.

Fall sport sign-up meetings will be conducted in May as follows:

5/4 Boys' Soccer – Room C200 7:15pm

5/12 B/G Cross Country – Café 3pm

5/18 Girls' Volleyball – Café 3pm

5/21 B/G Golf – Room E102 3pm

5/26 Field Hockey – Room C200 7pm

5/29 Football – Café 3pm.

For up to the minute game listings, changes, etc, go to HighSchoolSports.net or

Parkland's website, www.parklandsd.org, and click on the athletics calendar.

COUNSELING CORNER

ADVANCED PLACEMENT TESTING INFORMATION:

Advanced Placement Testing will take place for two weeks at Parkland High School, May 4 through May 15. A pre-administration activity will be held on Thursday, April 30 for all AP candidates. Parents and students need to remember that afternoon AP exams may not be completed before regular dismissal time. Afternoon testing must begin exactly at noon and some tests require four hours to complete, therefore, an alternate form of transportation home may be required.

Students needing to cancel an AP exam will be charged a \$13 College Board processing fee. Only a partial refund of \$65 will be returned to parents when an AP exam is cancelled. Students requesting any type of alternate testing will need to see Mr. Jeremy Gordon in the Counseling Office. The College Board only allows alternate testing for specific reasons, and a supplemental fee may be charged. The College Board has made it clear that no early testing will be allowed.

EIGHTH GRADE ORIENTATION:

In May, all eighth grade middle school students will be touring the high school as part of the high school orientation program. Hopefully, this effort to orient our incoming freshman class to Parkland High School will ease some of the anxieties that normally exist with this type of transition. Please contact the high school counseling office if you have any questions or concerns about your child entering Parkland High School next year.

MOVING OVER THE SUMMER

Please contact the Counseling Office as soon as possible if your family will be moving within the Parkland School District or outside of the district. Two documents are required to confirm a change of residence within the district by the end of July, in order for new transportation information to be issued on time. If moving outside of the district, we will provide you with the academic and medical documents necessary to ensure a smooth transition to your new school.

PSAT DATE SET FOR NEXT FALL:

The PSAT (Preliminary Scholastic Assessment Test) will be administered next fall to interested sophomores and juniors on **Saturday, October 17, 2009** here at Parkland High School. The College Board allows for this test to be administered only once every school year. Please mark this date on your calendar for future reference. Information about the PSAT can be found on www.collegeboard.com.



IMPORTANT DATES TO REMEMBER

May 2, 2009 – SAT Reasoning Test and SAT Subject Test administration date (Parkland High School is a test site).

May 5, 2009 – Registration deadline for the June 6 SAT.

May 8, 2009 – Registration deadline for the June 13 ACT Assessment

May 15, 2009 – Late registration deadline for the June 6 SAT.

May 22, 2009 – Late registration deadline for the June 13 ACT Assessment.

Graduation Projects

According to Chapter 4 regulations of the PA School Code, "All students in PA need a culminating graduation project completed prior to graduation." Some possible topics include: Term Papers, History Day Projects, Science Fair Projects, Eagle Scout Projects, Job Shadowing, Volunteering, Tech Ed. & FACS Projects. This is only a partial list of activities that are acceptable. Students must fill out a contract, write a paper and present an oral presentation on their topic for it to be completed.

Any current Junior who has not completed their graduation project before the end of the school year will have their driving privileges suspended as well as late start and/or early dismissal privileges revoked until completed. Any Junior who has NOT completed a project should stop by Mr. Pfeiffer's office in the library to schedule a time to present before the end of the school year. Grades for the graduation project will be put on the 1st rating period report cards of the senior year. Reminder: This is a state requirement for graduation and it is the student's responsibility to have it completed when scheduled. If you have any questions regarding your child's status, please contact John Pfeiffer at 610-351-5900 ext. 73430.

Visual & Performing Arts Update

It is hard to believe that May is already here. It seems like the year just started to get going and all of a sudden it starts to wind down... BUT.. here at PHS, we wind down with a bang. May is probably the busiest month of the year in the A wing.

Orchestra Concert

On May 7th at 7:30 the PHS Orchestra will have its Spring Concert. This beautiful evening of music is open to the public and is admission-free. This evening promises to be a special one as it is the last one for our many senior Orchestra members.

Festival of the Arts

The following week, we begin our 6th annual Parkland Festival of the Arts. This yearly celebration for the entire community kicks off on Thursday evening, May 14th, with a busy night of activity inside the school. The High School Art Show starts at 6:00 pm in the Arts Suites. Come out and see the amazing work of our students. New this year is an interactive presentation by the Family and Consumer Science department entitled "The Art of Living." Check out the different kitchen and work areas our students use when learning how to prepare themselves for life outside of high school.

The night culminates with our annual Chorus Concert. This program features the 9th and 10th grade chorus, the 11th and 12th grade chorus, the new a capella group and, of course, the PHS Chorale. The concert begins at 7:30. All of these events are open to the public and are free of charge.

Friday night, the excitement continues with two events held at the high school. At 6:30 pm the "Battle of the Bands" will take place under the Festival tent. This year's program will feature six local bands competing for prizes. It is a great way to spend a Spring night. Admission is \$5.00 and tickets are sold at the door.

Also on Friday night is the Third Annual Family night. This year we are presenting "IllusionQuest," featuring the magic of illusionist David Garrity

and Company. This full stage magic spectacular will be sure to delight the whole family. Tickets are \$10.00 for Adults and \$5.00 for children and senior citizens aged 65 and older. This year, we are selling reserved seats. The box office at the high school will be open daily from 9:00 am until 1:00 pm and additional box office hours will occur May 11-14 when the box office will be open 9:00 am until 6:00 pm. Friday May 15th, the box office will be open from 9-1 and then again from 6 until show time.

Saturday's Artists on the Quad event will occur from 10:00 am until 4:00 pm. The day is filled with art displays from the district's ten schools, community artists and crafts people, hands-on crafts for kids, live entertainment all day



in different venues including a full slate of performances in the auditorium. Our many food vendors will be on hand to satisfy the pickiest eaters. New this year will be our Band and Orchestra Instrument "Petting Zoo" where students can discover the sights and sounds of many different instruments. There will be prizes for completing the trip through the entire "zoo" and one grand prize to a lucky student. The entire day is admission-free. This is a wonderful community day so come out and enjoy. The events are under tents so we will be here to entertain you "rain or shine."

Jazz Concert

"That ain't all folks...." On May 20th at 7:00 pm, the PHS auditorium will be the site of the District Jazz Band Concert. Jazz bands from the high school and both middle schools will combine for an amazing evening of music and camaraderie.

Information from the Nurse's Office

As the end of the school year approaches, here are a few reminders from the Health Room. Students who have medication in the Health Room will need to have the medication picked up before the last day of school. Arrangements can be made with the School Nurse. New paperwork is required each school year for medication administration in school. Paperwork will be mailed to you at the end of this school year.

All students who will be in 11th grade in '09-'10 will need a physical exam. This is a State requirement. Forms were mailed home in January. Forms are also available on the PHS Website under Health Services. Please return these forms to the School Nurse.

All Seniors will receive their original immunization card in the mail after graduation. Please keep this in a secure place, this information may be requested for College or employment.

Summer Assignments for Honors/AP Courses

All students who enroll in an honors level or Advanced Placement course in science, social studies (including psychology), English or math will be required to complete a summer assignment for the course. These assignments were developed so that students can focus on new course content from the beginning of the course instead of spending time reviewing material. Additionally, summer assignments create a less compressed schedule for these courses.

All assignments will be listed on the Parkland High School website at the beginning of June. You can access the site directly by logging onto <http://psdweb.parklandsd.org/phsweb>. Click on "Links," and then click on "Honors/AP Summer Assignments." Click on the title of the course, and all of the necessary assignment information appears for that course. Additionally, a link labeled "Close Reading" is available as a resource for the honors and AP English assignments.

In most cases, students will need to pick up a textbook for the summer assignment. Depending upon the course, some books may be distributed in the student's current honors classes. Others will be directed to sign out a book at the PHS Library after final exams. You may do this between 10:00 am – Noon and 1:00 pm – 3:00 pm, Monday through Friday. Incoming freshmen should pick up their books at the PHS Library as soon as possible after June 12.

Please be aware that all students planning to take honors/AP courses must complete the summer assignments, including those currently registered and those who will transfer into these courses after the start of the year. There are no exceptions.

Please contact Mrs. Jane Barthold, Assistant Principal, if you have any questions.

Gang Awareness Meeting for Parents

A public meeting on the topic of gang awareness has been scheduled for Tuesday, May 12, 2009 at 7:00 p.m. at St. John's UCC, 36 S. 6th St., Allentown, Pa. 18101. This meeting was arranged to respond to a growing concern among educators and law enforcement officials about gangs and gang related activities in schools across the Greater Lehigh Valley. Public meetings such as this are designed to keep parents and community members informed on current issues. Parkland parents are welcome to attend.



Lehigh Career & Technical Institute will be hosting their annual summer career camp June 22 – 25 and June 29 – July 2 for all 5th through 8th grade students. The camp is designed to introduce campers to four career areas through hands on activities and experiments. The camp operates from 8:30 to 3:00 p.m. and free busing is available throughout Lehigh County. The camp is open to anyone within commuting distance.

More information, a camp brochure, or online registration please visit www.lcti.org or call camp director, Dana Torok at 610-799-1307 or email him at torokd@lcti.org.

Driver Education

Summer sign-ups for Driver Education Theory Classes and Behind-the-Wheel Road Lessons have begun in the guidance office. Register by signing the appropriate clipboard.

Students can choose to take one of two summer Theory Classes. Each session will run for two weeks

First session.....June 22 - July 2.....Time: 8 - 11:30 AM

Second session.....July 13—July 24.....Time: 9 - 12 noon

Both sessions will meet in Room D133 at the high school. A fee of \$100 is due at the first class.

Behind-the-Wheel driving lessons will continue throughout the summer. Remember to print neatly when signing up for these lessons as we will use that information to contact you to set up your driving lessons. A fee of \$50 is required to participate in the driving program.

With the summer approaching, your son or daughter will be spending more time on the roads. Below is a list of a few driving guidelines provided by the Department of Motor Vehicles for parents to remember when teaching their teenager to drive:

- Set an example
- Know the rules of the road
- Make sure your vehicle is safe and well-maintained
- Be familiar with the tasks and requirements of teaching your teen to drive.
- Use the publication “How to steer them to Safe Driving”.
- Start out slow and simple, in a low traffic area or parking lot
- Work your way into more difficult driving
- Talk about driving
- Allow your teen to drive in all situations and all kinds of weather.
- There is no such thing as too much practice



After your teenager receives his or her driver's license—

- Limit the number of passengers
- Enforce a curfew
- Gradually increase the amount of time you allow your teen to drive
- Gradually increase the distance you allow your teen to drive
- Do not allow your teen to eat or drink while driving
- Do not allow your teen to use a cell phone while driving
- Enforce observance of speed limits and other rules of the road
- Ride with your teen occasionally to monitor his or her driving skills

For more information on the Drivers Education program and Behind-the-Wheel training, as well as links to the Pennsylvania Department of Motor Vehicles, log onto the Parkland High School Driver Education Web Site at

<http://psdweb.parklandsd.org/phsde/>

Students and parents with any questions or concerns may contact the Driver Education Office at 610-351-5900 ext. # 74410 or email bortzb@parklandsd.org

Prom/Graduation Night Tips for Parents

Know what your child's plan is for the evening.

Know the school's prom night policies.

Discuss the school's prom rules with your child and the consequences for violating them.

Take stock of the alcohol in your home.

Know all of the "hot spot" destinations. **Give your child clear instructions** of acceptable destinations he or she is allowed to go to after the prom and where he or she is not allowed to go.

Know who is driving – if it's a limo, emphasize that the passengers are minors and check the policy on allowing alcohol in the vehicle.

Work with the school to make sure there is adequate food, non-alcoholic beverages and entertainment during the prom/graduation event.

Give your child a curfew. There is an 11:00 p.m. driving curfew on the PA junior driver's license.

Communicate with other parents and school officials.

Require seatbelt use and restrict the number of passengers. For young drivers the number of passengers cannot exceed the number of seatbelts. The fewer the distractions the better.

Do not rent hotel rooms for prom-goers.

Refuse to supply alcohol to teens. It is a misdemeanor offense and can result in a \$1,000 fine for the first offense and \$2,500 for subsequent offenses.

Make sure that your child's friends do not bring alcohol into your home or onto your property.

Report underage drinking parties that are planned or in progress by calling the anonymous toll-free hotline at 1-888-UNDER-21.

Stay up for the return of your child coming home from the prom or graduation activities.

Support the PHS Post Prom Party
Saturday May 9 – Sunday, May 10

11:30 PM – 5:00 AM

Pennsylvania Traffic Injury Prevention Project

The Art of Living

May 14, 2009 6:00-8:00PM
PHS "A" Hallway and Art Courtyard

Dear Family and Friends of our Parkland HS Family and Consumer Science Students,

We would like to invite you to the first "Art of Living Exhibit" being held on Thursday, May 14, 2009 from 6:00-9:00PM in the "A" Hallway. We will be featuring displays and demonstrations that express the "Art of Living" as they relate to all of the different courses and topics within our curriculum. Please visit the student displays and exhibits. Don't forget to try some delicious "samples" as our students demonstrate their culinary skills and nutrition knowledge. We are excited about this opportunity to show the fine work of our Family and Consumer Science students.

Here is the basic itinerary for the evening:

Room A130: "Art of Living" expressed through Basic Foods:

Demonstrations and samples of Apple Crisp and Zucchini Appetizers

Room A131: "Art of Living" expressed through International Foods:

Ethnic foods will be demonstrated and sampled.

Room A134: "Art of Living" expressed through Parenting, Child Development, Child Development Lab, and Child Development Management:

Visit with our student "hosts" and "hostesses" as you walk through the Nursery School Room and view our bulletin boards, mobiles and student projects.

Room A135: "Art of Living" expressed through Nutrition for Fitness and American Foods:

Sample some low fat chili made with lean poultry and view some interesting nutrition facts. To experience some Fast Food that is actually healthy, sample some original Healthy Fast Food recipes created by our students. Try some traditional menu items made with a healthy twist.

Room A136: "Art of Living" expressed through Fashion Design & Merchandising, Fashion & Wardrobe Construction, Interior Design and Creative Crafts.

View posters and Fashion Projects. Crafts created by our talented students will be on display, and one of our faculty will be demonstrating the embroidery machines used by the students to create many beautiful creations.

Please join us on this exciting evening as our students express the "Art of Living" in so many practical and creative ways. We sure hope to see you there.

With Anticipation,
The Family and Consumer Science Teachers